



WEEKLY OUTDOOR/INDOOR ADULT TENNIS CLASSES AT
CHINGFORD SCHOOL OF TENNIS
ROLLS SPORTS GROUND, HICKMAN AVENUE, HIGHAMS PARK E4 9JG

www.ten-ace.co.uk

info@ten-ace.co.uk

020 8523 0900

All classes are pay as you play. Ring before your first lesson

Mondays	9.30-11.30 am 12.30-2.30 pm	Ladies coaching morning Ladies social tennis (for members and by invitation)	£10.00
Tuesdays	10.30-12.30 pm 7.00-8.00 pm	Adult Intermediate Adult Beginners (start 16.5.23)	£10.00 £10.00
Thursdays	9.30-11.30 am	Ladies social tennis (for members and by invitation)	
Thursdays	7.00-8.00 pm	Adult beginners and improvers	£10.00
Thursdays	7.00-8.00 pm	Adult cardio tennis keep fit	£8.00
Fridays	10.00-12.00 noon	Adult Group Tennis	£12.00
Saturdays	12.30-1.30 pm	Group tennis juniors/adults	£ 8.50
Sundays	2.30-4.00 pm	Adult beginners/rusty/improvers	£10.00

Why not join our tennis club? We have full, associate and junior membership. The adult social tennis club meets Wednesdays 7.30-9.30 pm for tennis and Fridays 7.30-9.30 pm and Sundays 2.30-5.00 pm. Private lessons are available from £25.00 and a shared lesson (upto 4 people) is £28.00. We can lend rackets for sessions.

From October until May each winter a dome covers 3 of our 6 floodlit courts thereby allowing all year round tennis playing. The covered courts are open for discounted hire for our members and for hire by the general public.